

## **Skin Pen Precision Pre-Procedure Considerations**

Skin Pen is a medical grade, state-of-the-art microneedling device designed to reverse years of sun damage, improve the appearance of scars, stretch marks, and hyperpigmentation as well as enhance the overall appearance of aging skin. As we age environmental and intrinsic damage occurs to our skin. Collagen is destroyed faster than produced starting as early as our late 20s. Skin Pen Treatments allow for controlled induction of the skin's self-repair process by creating thousands of precise micro-injuries in the dermis, automatically triggering new collagen synthesis without causing scar tissue formation. The new collagen acts to repair sun damage, wrinkles, hyper-pigmentation, scarring, skin laxity (sagging), and imperfections.

\*Following this treatment, the treatment area will be red. I advise no make up for 24 hours post procedure. Within 24 hours, most people will appear normal, but the skin is still healing for 3 days. You may prefer to schedule important events 4 days or more post procedure.

### **PRIOR TO SCHEDULING SKIN PEN**

#### **Pre-Treatment Precautions**

- Avoid sun exposure or burns 24 hours prior to treatment
- Avoid aspirin, vitamin E, fish oil, alcohol for 3 days prior to treatment
- Discontinue retinoid 12 hours prior to treatment.
- Avoid treatment if you have an active breakout
- Allow 12 hours after autoimmune therapies before using the Skin Pen II
- Wait 6 months following isotretinoin, (Accutane) use.
- Wait 1-2 weeks following Botox or Filler Injections
- **Discuss any facial laser or chemical peel procedures prior to scheduling**
- Skin Pen Patients with Dark Skin Tones may darken prior to lightening.

The above pre-treatment guidelines are for optimal results and healing. Please discuss any of the above situations with the Nurse Practitioner prior to scheduling your procedure.